



One tomato, two tomato, three tomato...four

Plant lettuce, tomatoes and other easy to grow vegetables in pots **for your child to take care of and harvest.**

Go jump in a lake...

...or a pond. Put on your mud boots and take a net, jar, and magnifying glass to a local lake or pond and see what kind of life you can find in the water.

Bugs crawl and babies do too.

Let your baby experience nature. Talk about the sights, sounds, and smells. Let your baby **feel the grass with bare feet, smell flowers, and touch trees.**



Teachable Moments happen every day

