



**PLAY  
INSIDE**

## **INCLUDE YOUR CHILD IN SPRING CLEANING.**

Toddlers and preschoolers love to help dust, wash windows, scrub the floor, and clean out closets. **Make children feel important** by giving them their own dusting cloth or feather duster, spray bottle of water and cloth for windows, and a small bucket and brush or mop for the floor.

## **TEACH YOUR CHILD THAT AIR HAS POWER.**

Provide a basket with a straw, feather, ping pong ball, cotton ball, and other light objects. Demonstrate how **blowing through the straw can move things**, then let your child experiment on his own. Extend the activity by dropping several colors of paint on a paper plate. Your child can “wind paint” by blowing through the straw.

Ask your child  
**“WHAT WOULD  
HAPPEN IF”**

questions. “What would happen if snow was black?” “What would happen if dinosaurs were alive today?” “What would happen if you could fly?” It’s fun and your child will develop creative thinking skills.

SPRING



**Teachable Moments** happen every day

GREATER  
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## HELP YOUR CHILD PLANT SOME EASY TO GROW VEGETABLE SEEDS.

Leaf lettuce and radishes grow quickly. Tomato plants, bean and carrot seeds will take patience!

**Make a child's garden** by spading a small area in your yard or use large pots or dishpans. You and your child will delight in watching the plants grow, and then harvesting and eating the food your child grew.

## USE THE CHILD'S GARDEN FOR MANY TEACHABLE MOMENTS.

Show your child when and how to water properly with a hose or a small watering can. Demonstrate how to weed the garden—careful not to pull out the vegetables! Talk about helpful insects and harmful pests in the garden. Teach your child how to pinch off mature lettuce leaves, leaving the small ones for another day. **Borrow a book on children's gardening from the library and learn together!**

### FLY A KITE

outside to extend the impact of the air experiment you did inside.



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