



## GO FLY A KITE!

Spring breezes are perfect for flying a kite with your child. Get a book from the library with instructions on how to **make a kite** and give your child an experience that is fun and builds self-confidence.

## Celebrate Earth Day on April 22

Talk about the importance of recycling. Take the family to a local park or other public place and **pick up trash**. Pick a spot in your yard or at a childcare center and **plant a tree**.

## This is for the birds!

Gather dryer lint and bits of yarn and string, put it all in a fruit or onion bag, and hang it outside. **Watch the birds take bits of the material to build their nests.**



Teachable Moments happen every day

